

# CROFTON HAMMOND INFANT SCHOOL

## Relationships and Sex Education (RSE) Policy 2021

### **Relationships and Sex Education (RSE)**

At Crofton Hammond Infant School, we aim to promote personal wellbeing and development through a comprehensive programme of Personal Development Learning (PDL) education that gives our children the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

The Department for Education (DfE) has made changes to Relationships and Sex Education (RSE) following nationwide consultation, which came into effect from September 2020. Consequently, from September 2020, Relationships and Sex Education (RSE), along with Health Education, will be statutory, and form part of the National Curriculum. All schools are required to comply with the updated requirements. The guidance focuses on healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships.

RSE embodies lifelong learning about personal, physical, moral and emotional development and at Crofton Hammond Infants School RSE is taught within our Personal Development Learning (PDL) curriculum (See Appendix 1).

### **Philosophy**

Learning about the emotional, social and physical aspects of growing up will give children the information, skills and positive values to have safe, fulfilling relationships and help them take responsibility for their own well-being. Our intention is to help children to develop and form positive values, attitudes, personal and social skills, and increase their knowledge and understanding of how to make informed decisions and life choices. The role of parents in the development of their children's understanding about relationships is vital, since parents are the first teachers of their children. We believe that a happy and nurturing school environment, which values close links with parents and the wider community, enables our children's personal and social skills to flourish.

### **Aims**

Through our PDL and RSE programme we aim to provide children with the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active and responsible citizens.

These are taught within the key statutory curriculum areas of:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

See Appendix 2 for Statutory RSE Curriculum Content

As with all our teaching, we will ensure our curriculum is sensitive, age-appropriate and developmentally appropriate.

### **Statutory Guidance**

The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019, made under sections 34 and 35 of the Children and Social Work Act 2017, make Relationships Education compulsory for all pupils receiving primary education and Relationships and Sex Education (RSE) compulsory for all pupils receiving secondary education.

Schools are required to comply with relevant requirements of the Equality Act 2010. Under the provisions of the Equality Act, schools must not unlawfully discriminate against pupils because of their age, sex, race, disability, religion or belief, gender reassignment, pregnancy or maternity, marriage or civil partnership<sup>11</sup>, or sexual orientation (collectively known as the protected characteristics).

The Relationships Education, RSE, and Health Education (England) Regulations 2019 have made Relationships Education compulsory in all primary schools. The teaching of Sex Education in primary schools remains non-statutory. As an infant school the content set out in this policy focuses on Relationships and Health Education.

### **Definitions**

Following DfE guidance, Relationships Education is defined as teaching about reference to respectful friendships, family relationships, and relationships with other children and with adults, including online.

For the purpose of this policy, Health Education is defined as teaching pupils about physical health and mental wellbeing, recognising the link between the two and being able to make positive and healthy lifestyle choices.

Sex Education is defined as teaching children how human reproduction occurs, including how a baby is conceived and born. This draws on knowledge of the human life cycle set out in the national curriculum for science. As an infant school, we teach the **statutory** aspects of RSE located within the KS1 science national curriculum. As part of the KS1 statutory science national curriculum we teach children to identify, name, draw and label the basic parts of the human body (including penis and vagina )and say which part of the body is associated with each sense. Children also understand that animals including humans have babies that grow into adults.

### **Organisation of the curriculum**

At Crofton Hammond Infant School our RSE programme is firmly embedded in all curriculum areas. Taught primarily by class teachers, our trained school Emotional and Literacy Support Advisor (ELSA) and our Head Teacher, aspects of the RSE programme will be delivered through:

- PDL curriculum
- Science curriculum
- Computing curriculum
- Stories

- Circle times
- Assemblies
- 'Clever Never Goes'
- PE in the context of health and hygiene

## **Inclusion**

We are fully committed to making sure that all children can access RSE and PDL. As with all our teaching and learning, high quality teaching is differentiated and personalised from a child's starting point to ensure accessibility. We refer to the SEND Code of Practice when planning and this may mean that reasonable adjustments are planned so that all children, including our children with special educational needs, learn about health and relationships.

## **Right to withdraw**

Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of statutory RSE. There is no right to withdraw from Relationships Education or Health Education. As there is no teaching of sex education within the KS1 RSE curriculum and our policy focuses on Relationships Education, there is no right to withdraw from any part of our RSE curriculum.

## **Roles and Responsibilities**

### ***The governing body***

The governing body has approved this policy.

### ***The headteacher***

The headteacher is responsible for ensuring that RSE is taught consistently across the school. The headteacher also:

- Ensures that members of staff are given sufficient training, so that they can teach effectively and handle any difficult issues with sensitivity
- Monitors this policy on a regular basis and reports to governors on the effectiveness of the policy

### ***Staff***

All staff are responsible for:

- Delivering RSE in a sensitive way
- Modelling positive attitudes to RSE
- Responding to the needs of individual pupils
- Monitoring progress

### **Pupils**

Pupils are expected to engage fully in RSE and, when discussing issues related to RSE, treat others with respect and sensitivity.

## **Monitoring**

The Senior Leadership Team through monitor the delivery of RSE through, for example: learning walks, lesson observations, planning scrutiny, staff meetings and pupil conferencing. Pupils' development in RSE is monitored by class teachers as part of our internal assessment systems.

## **The School Environment**

The school will ensure that the whole school environment reflects the values of respect for themselves and others. It will:

- Ensure that posters and displays use positive images and celebrate difference and diversity.
- Ensure that communication between staff and pupils is welcomed and encouraged, and children know how to access members of staff.
- Ensure that discriminatory behaviour is always challenged in any context.

## **Equal Opportunities**

Crofton Hammond Infants School is committed to equality of opportunity in all aspects of school life. In RSE this will include:

- Celebrating difference and diversity
- Examining and challenging gender stereotyping,
- Ensuring a programme of Relationships Education that is relevant to all pupils

## **Further policies and signposting**

### ***School policies:***

- Anti-bullying policy and procedures
- Behaviour policy and procedures
- Equalities Policy
- Mental health and wellbeing policy
- Online safety policy
- Personal Development Learning (PDL) Policy
- Safeguarding and child protection policy

### ***External links***

The DfE Relationships, sex and health education: guides for parents can be accessed via the following link: <https://www.gov.uk/government/publications/relationships-sex-and-health-education-guides-for-schools>

Relationships education, relationships and sex education (RSE) and health education- FAQs: <https://www.gov.uk/government/news/relationships-education-relationships-and-sex-education-rse-and-health-education-faqs>

National curriculum science programme of study: <https://www.gov.uk/government/publications/national-curriculum-in-england-science-programmes-of-study/national-curriculum-in-england-science-programmes-of-study#key-stage-1>

## **Role of the Curriculum Lead**

The PDL Curriculum Lead will provide ongoing support and advice to Staff and order appropriate resources. She will ensure long and medium term plans are both appropriate and challenging and will monitor standards.

Created: **February 2021**

Signature of Chair of Governors:

Date of next review: **February 2023**