



Intent, Implementation & Impact Document: P.E.

Intent	Implementation	Impact
<ul style="list-style-type: none"> • We will inspire our children to be active for life through healthy diet and exercise choices. • We will encourage our children to be active/exercise for both health and mental wellbeing. • We will ensure that children develop their fundamental movement skills through delivery of the EYFS and National Curriculum • We will develop respectful attitudes towards peers and adults by promoting competition and good sportsmanship • We will support local clubs and societies by promoting their sports and activities. • We will taking part in various local sporting events, including our own sports day. • We will promote games and sports by receiving visitors to school e.g. Team GB athletes, Chance to Shine cricket • We will use scientific vocabulary when referring to the body's systems and muscles • We will teach the children the importance of safety in exercise by learning to warm up and cool down effectively. 	<ul style="list-style-type: none"> • The children have a minimum of 2 hours P.E. per week, in accordance with government guidelines. • The children in EYFS have access to the outdoor area throughout the school day and are provided with an environment to support the attainment of the Moving and Handling ELG • The children in Year One and Two take part in a daily run, building to a daily mile by the end of KS1. • Crofton Hammond is a forest school and promotes cross-curricular outdoor learning to enhance the physical development of the children. • We teach the children the fundamental movement skills; balancing, running, jumping, catching, hopping, throwing, galloping, skipping, leaping and kicking, through a variety of games, sports and skill based sessions. • We educate the children about the physical and mental benefits of exercise through P.E. lessons, brain breaks, daily mile and outdoor lessons. • We encourage the children to share their external sporting/exercise experience with the school and celebrate individual and team success. 	<ul style="list-style-type: none"> • Our children understand the importance of a healthy lifestyle and the role of exercise within it. • Our children will show respect and kindness to others through good sportsmanship. • Our children will understand and be able to demonstrate the fundamental movement skills by the end of KS1. • Our children will be able to complete the distance of a mile by the end of KS1, by either walking, jogging or running • Our children will be able to explain the importance of a warm up and cool down • Our children will be able to explain the link between exercise and physical/mental wellbeing • Our children will be able to use P.E. equipment safely and responsibly • Our children will be aware that sports are career options and will be inspired to consider them through our links to team GB athletes •



Intent, Implementation & Impact Document: P.E.

<ul style="list-style-type: none">• We will provide the children with the opportunity and equipment to be physically active at break and lunchtimes, using a dedicated play leader to encourage participation.• We will ensure that lessons build on prior learning by updating our implementation documents half termly	<ul style="list-style-type: none">• Our play leader ensures that all children are given the opportunity to take part in a variety of games and activities at break and lunchtimes, promoting inclusivity	
---	--	--



Intent, Implementation & Impact Document: P.E.

Intent Document: P.E.

Area	ELG	KS1	Year 1	Year 2
<p>PERSONAL, SOCIAL AND EMOTIONAL DEVELOPMENT</p>	<p><u>Self-Regulation ELG</u></p> <p>I can work towards simple goals, being able to wait for what I want and control my immediate impulses when appropriate</p> <p><u>Managing Self ELG</u></p> <p>I can confidently try new activities and show independence, resilience and perseverance in the face of challenge</p> <p><u>Building Relationships ELG</u></p> <p>I can work and play cooperatively and take turns with others</p>	<p>LOCOMOTION SKILLS</p> <p>Running Jumping Agility Co-ordination</p>	<p>I can master basic running, jumping, hopping and skipping skills</p> <p>I can participate in team games</p>	<p>I can apply basic locomotion skills to a range of activities</p> <p>I can develop tactics for attacking and defending</p>
<p>PHYSICAL DEVELOPMENT</p>	<p><u>Gross Motor Skills ELG</u></p> <p>I can negotiate space and obstacles safely, with consideration for themselves and others</p> <p>I can demonstrate strength, balance and coordination when playing</p> <p>I can move energetically, such as running, jumping, dancing, hopping, skipping and climbing</p>	<p>BALANCE SKILLS</p> <p>Co-ordination Balancing</p>	<p>I can develop my balance, agility and coordination skills</p> <p>I can copy dances involving simple movement patterns</p>	<p>I can apply my balance, agility and coordination skills to a range of activities</p> <p>I can create dances involving simple movement patterns</p>



Intent, Implementation & Impact Document: P.E.

<p>EXPRESSIVE ARTS AND DESIGN</p>	<p><u>Being Imaginative and Expressive</u> <u>ELG</u></p> <p>I can perform songs, rhymes, poems and stories with others, and – when appropriate try to move in time with music</p>	<p>BALL SKILLS</p> <p>Throwing Catching</p>	<p>I can master basic throwing and catching skills</p>	<p>I can apply basic ball skills to a range of activities</p>
--	---	--	--	---