

# Crofton Hammond Infant School

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**Headteacher: Jacky Halton**

**Deputy Headteacher: Ruth Halbauer**

14<sup>th</sup> September 2021

Dear Parents and Carers,

Your child may have told you that they have been learning about the Bounce Programme of emotional resilience. We are thrilled with the way our children have begun to use the language and strategies of Bounce to support them in school. Children continue to develop their emotional understanding right through until they are young adults and particularly in today's world it is essential we are giving children the tools to support them with their emotional development and mental health. Strategies like this are most successful when they are used consistently between school and home.

We would like to offer you the chance to learn more about the programme and how you can use it to support your child's emotional development at home. **There will be a parent workshop about Bounce running on Monday 11<sup>th</sup> of October at 9.15am-10.45am.** This will be run by our Family Liaison Officer, Lisa Noice, and consist of an introduction to the programme and the science behind it, as well as practical strategies and ideas you can use to support your child's emotional resilience and behaviour at home. We will also have available some printed resource packs to support you at home.

Although we would love to see as many people as possible in person - which will give the opportunity for questions and discussion, we appreciate that some of you may be unable to attend. We will create a short video summary after the session that will be available to all parents on the website, and resource packs will be available from the office or via e-mail request.

We need an idea of numbers in order to make necessary arrangements regarding our coronavirus risk assessment. If you are able to attend, please reply to the school text message that proceeded this email with the names of the people attending.

We look forward to sharing this exciting new initiative with you!

Kind Regards,

Ruth Halbauer  
Deputy Headteacher